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## Our sailing program

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South Shore Yacht Club in North Weymouth, MA, is pleased to offer our summer Junior Sailing program to interested sailors. Join us in 2018 as SSSYC celebrates 63 years of boating! SSSYC is located on the beautiful Back River, offering a safe, protected area to learn to sail.



*N10 Turnabouts*

Our program teaches the basics and more advanced sailing techniques. Our class size does not exceed 18 students per session and is led by US Sailing Level I certified instructors. Beginner and advanced students learn on club provided turnabouts and C420 sailboats or their own personal boats. SSSYC offers both half day and full day options.



### BEGINNERS



*Beginners learning on club provided N10.*

Beginner sailors will learn the various knots necessary to tie up boats, boat handling and basic sailing techniques. Beginners are paired with more advanced sailors where they will see the training in action. Beginners use the N10 (turnabout) boats.

### ADVANCED

Advanced sailors will have prior sailing experience or have completed a beginner session of sailing. Advanced sailors will continue to focus on proper sailing techniques and will also be instructed on race strategies, rules and etiquette. Spinnaker use will also be taught. Advanced sailors will have the opportunity to sail in club provided C420 boats as well as the N10 turnabouts.

### FULL DAY:

Full Day participants will combine information taught in both the beginner and advanced classes. There is a 30 minute supervised lunch break.

### REGATTAS:

SSYC Junior Sailors have the opportunity to participate in various sailing regattas in the South Shore area, including but not limited to:

Quincy Bay Race Week (July)

Town River Yacht Club Regatta (August)

Lipton Cup—Squantum YC (July)

Scorpion Bowl—Hull YC (July) - 420's only

Regattas are great fun for the participants and gives sailors an opportunity to test what they have learned but are not required. Beginners are paired with more experienced sailors and serve as crew.

### SOUTH SHORE YACHT CLUB

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